# **MODIFIED DIETS**

Week One

MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

Main

Level 4 Sausage & Mash Level 5

> Beef Stew Level 6

Beef Stew

Level 4

Chicken & Stuffing Level 5

Chicken Casserole Level 6

Chicken & Stuffing

Level 4

Lamb & Mint Level 5

Level 6

Lamb Casserole

Level 4

Level 5

Vegetable Lasagna

Level 6

Vegetable Casserole

Seasonal

Vegetables &

Potatoes

Yogurt Or Custard

Level 4

Chicken Curry Level 5

Chicken Curry Level 6

Chicken Curry

Level 4

Something Veggie

On The Side

Level 4 Vegetable Lasagna Level 5

Vegetable Lasagna Level 6

Vegetable Casserole

Seasonal

Vegetables &

Potatoes

Yogurt Or Custard

Level 4

Vegetable Chilli Level 5

Vea Tikka Masala Level 6

MacCheese

Seasonal Vegetables & **Potatoes** 

Yogurt Or Custard

Savory Beef

Vegetable Lasagna Vegetable Chilli Level 5

> Veg Tikka Masala Level 6

MacCheese

Seasonal Vegetables & Potatoes

Yogurt Or Custard

Level 4

Fish Pie

Level 5

Fish In Cheese Sauce

Level 6

Fish Pie

Level 4

Vegetable Lasagna Level 5

Vegetable Lasagna Level 6

Vegetable Casserole

Seasonal Vegetables & Potatoes

Yogurt Or Custard





















# MODIFIED DIETS TABLE TO THE TOTAL T



	-	_		
\ A	lee		TA A	0
Vν	EE		I VV	U

#### MONDAY

## **TUESDAY**

Level 4

### WEDNESDAY

Level 4

# **THURSDAY**

Level 4

# **FRIDAY**

Level 4

#### Main

# Level 4 Sausage & Mash Level 5 Beef Stew Level 6 Beef Stew

#### Chicken & Stuffing Level 5 Chicken Casserole Level 6

Chicken & Stuffing

# Lamb & Mint Level 5 Savory Beef Level 6 Lamb Casserole

# Chicken Curry Level 5 Chicken Curry Level 6 Chicken Curry

Level 4

# Fish Pie Level 5 Fish In Cheese Sauce Level 6 Fish Pie

# Something Veggie

Level 4

# Level 4 Vegetable Chilli Level 5 Veg Tikka Masala Level 6 MacCheese

Vegetable Lasagno
Level 5
Vegetable Lasagno
Level 6
Vegetable Casserole

Level 4

Vegetable Lasagna
Level 5
Vegetable Lasagna
Level 6
Vegetable Casserole

Level 4

# On The Side

Seasonal
Vegetables &
Potatoes

### Seasonal Vegetables & Potatoes

## Seasonal Vegetables & Potatoes

### Seasonal Vegetables & Potatoes

# Seasonal Vegetables & Potatoes

#### **Desserts**

Yogurt Or Custard







# **MODIFIED DIETS** neh Memu



Week	Three
Main	

Level 4 Sausage & Mash Level 5 **Beef Stew** Level 6 Beef Stew

**MONDAY** 

# Something Veggie

Level 4 Vegetable Lasagna Level 5 Vegetable Lasagna Level 6 Vegetable Casserole

# On The Side

Seasonal Vegetables & Potatoes

### **Desserts**

Yogurt Or Custard

### **TUESDAY**

Level 4 Chicken & Stuffing Level 5 Chicken Casserole Level 6 Chicken & Stuffing

## Level 4

Veaetable Chilli Level 5 Veg Tikka Masala Level 6 MacCheese

> Seasonal Vegetables & **Potatoes**

Yogurt Or Custard

#### **WEDNESDAY**

Level 4 Lamb & Mint Level 5 Savory Beef Level 6

#### Level 4

Lamb Casserole

Vegetable Lasagna Level 5 Veaetable Lasaana Level 6 Vegetable Casserole

> Seasonal Vegetables & Potatoes

Yogurt Or Custard

#### **THURSDAY**

### Level 4 Chicken Curry Level 5 Chicken Curry

Level 6

Chicken Curry

#### Level 4

Veaetable Chilli Level 5 Vea Tikka Masala Level 6 MacCheese

Seasonal Vegetables & **Potatoes** 

Yogurt Or Custard

## **FRIDAY**

#### Level 4 Fish Pie Level 5

Fish In Cheese Sauce Level 6 Fish Pie

#### Level 4

Vegetable Lasagna Level 5 Vegetable Lasagna Level 6 Vegetable Casserole

> Seasonal Vegetables & Potatoes

Yogurt Or Custard

# PUREE & TEXTURED DISHES AND THEIR ALLERGEN CONTENT – Booker Park and Stocklake Park School

DISHES						Lupin Flour	Milk		MUSTARD			TEAM OX		WNE Beer WNE
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Macaroni Cheese L4		Yes		Yes			Yes		Yes				Yes	
Cottage Pie L5				Yes			Yes						Yes	
Cottage Pie L6							Yes						Yes	Yes
Quorn Balls L4&5	Yes			Yes										
Lancashire Hotpot L4	Yes	Yes		Yes	Yes		Yes						Yes	Yes
Chicken Casserole L5							Yes							
Chicken Casserole L6				Yes			Yes						Yes	
Veg Korma	Yes													
Roast Beef L4		Yes		Yes			Yes						Yes	
Roast Lamb & Mint L5				Yes			Yes						Yes	
Roast Beef L6		Yes		Yes			Yes		Yes				Yes	

DISHES					Do.	Jupin Flour	Milk		MUSTARD			SSLAM		WNE
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Quorn Bolognese L4&5	Yes			Yes										
Chicken Tikka L4				Yes			Yes							Yes
Veg Lasagne L5		Yes		Yes			Yes						Yes	
Lamb Casserole L6				Yes			Yes						Yes	
Veg Chilli L4+5	Yes													
Fish in Cheese Sauce L4				Yes	Yes		Yes							
Fish Pie L5				Yes	Yes		Yes							
Fish Pie L6				Yes	Yes		Yes							Yes
Fish L4&5	Yes				Yes									

DISHES						Lupin	Milk		MUSTARD			USAM ON		Boor
Main Menu Wk 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Seasonal Veg														
Mashed Potato														
Yoghurt/Custard							Yes							

Review date: Jan 2024

\*\*This is designed to be a guide only. Further details about specific products may be

obtained from the school.

Please note that fruit and vegetables that are not listed are free from the above allergens.

Contact:

office@bookerpark.bucks.sch.uk

or

office@stocklakepark.bucks.sch.uk

Tel

Booker Park School 01296 427221

or

Stocklake Park School 01296 423507

Reviewed by: P. Humphrey 19/01/24



You can find this template, including more information at www.food.gov.uk/allergy

Every effort is made to ensure that fish meals do not contain bones. However it is possible that whole fish pieces may contain bones.

Meat used in all our meals is not Halal or Kosher.

### PUREE & TEXTURED DISHES AND THEIR ALLERGEN CONTENT – Booker Park and Stocklake Park School

DISHES						Lupin Flour	Milk		MUSTARD			isam O		Soor Wine
Main Menu Wk 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Curry L4				Yes			Yes							
Chicken Curry L5				Yes			Yes							
Macaroni Cheese L6		Yes					Yes		Yes				Yes	
Veg Cottage Pie L4&5	Yes													
Sausage&Mash L4		Yes		Yes			Yes						Yes	
Beef Bolognese L5		Yes		Yes			Yes							
Beef Bolognese L6		Yes					Yes							
Veg Hot Pot	Yes													
Roast Lamb L4				Yes			Yes						Yes	
Roast Lamb L5				Yes			Yes						Yes	
Lamb Casserole L6				Yes			Yes						Yes	

DISHES					D.	Jupin	Milk		MUSTARD			History		Beer
Main Menu Wk 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Quorn Lasagne L4&5	Yes	Yes		Yes										
Roast Chicken L4		Yes		Yes			Yes						Yes	
Chicken Casserole L5							Yes							
Chicken Casserole L6				Yes			Yes						Yes	
Veg Curry	Yes													
Fish in Cheese Sauce L4				Yes	Yes		Yes							
Fish Pie L5				Yes	Yes		Yes							
Fish Pie L6				Yes	Yes		Yes							Yes
Fish L4&5	Yes				Yes									

DISHES						Lupin	Milk		MUSTARD			SISAME		Goor
Main Menu Wk 2	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Seasonal Veg														
Mashed Potato														
Yoghurt/Custard							Yes							

Review date:

Jan 2024

\*\*This is designed to be a guide only. Further details about specific products may be

obtained from the school.

Please note that fruit and vegetables that are not listed are free from

Contact:

office@bookerpark.bucks.sch.uk

01

office@stocklakepark.bucks.sch.uk

the above allergens.

Tel

Booker Park School 01296 427221

or

Stocklake Park School 01296 423507

Reviewed by: P.Humphrey 19/01/24



You can find this template, including more information at www.food.gov.uk/allergy

Every effort is made to ensure that fish meals do not contain bones. However it is possible that whole fish pieces may contain bones.

Meat used in all our meals is not Halal or Kosher.

# PUREE & TEXTURED DISHES AND THEIR ALLERGEN CONTENT – Booker Park and Stocklake Park School

DISHES						Lupin Flour	Milk		MUSTARD			SIAMI		WNE Beer WNE
Main Menu	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage & Mash L4		Yes		Yes			Yes						Yes	
Chicken Curry L5				Yes			Yes							
Chicken Casserole L6				Yes			Yes						Yes	
Veg Curry L4&5	Yes													
Beef Bolognese L4		Yes		Yes			Yes							
Beef Bolognese L5		Yes		Yes			Yes							
Beef Bolognese L6		Yes					Yes							
Veg Lasagne	Yes													
Roast chicken L4		Yes		Yes			Yes						Yes	
Chicken Casserole L5							Yes							
Roast Lamb L6				Yes			Yes						Yes	

DISHES						Lupin	Milk		MUSTARD			SISAMI		Geer WNE
Main Menu	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Veg Hotpot L4&5	Yes													
Cottage pie L4				Yes			Yes						Yes	
Cottage Pie L5				Yes			Yes						Yes	
Macaroni cheese L6		Yes					Yes		Yes				Yes	
Veg Cottage pie	Yes													
Fish in Cheese Sauce L4				Yes	Yes		Yes							
Fish Pie L5				Yes	Yes		Yes							
Fish Pie L6				Yes	Yes		Yes							Yes
Fish L4&5	Yes				Yes									

DISHES						Lupin Flour	Milk		MUSTARD			SISAMI		Beer
Main Menu	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Seasonal Veg														
Mashed Potato														
Yoghurt/Custard							Yes							

Review date: Jan 2024

Reviewed by: P Humphrey 18/01/24



You can find this template, including more information at www.food.gov.uk/allergy

Please note that fruit and vegetables that are not listed are free from the above allergens.

Contact:

office@bookerpark.bucks.sch.uk

obtained from the school.

or

office@stocklakepark.bucks.sch.uk

\*\*This is designed to be a guide only. Further

details about specific products may be

Tel

Booker Park School 01296 427221

0

Stocklake Park School 01296 423507

Every effort is made to ensure that fish meals do not contain bones. However it is possible that whole fish pieces may contain bones.

Meat used in all our meals is not Halal or Kosher.